

August 1 - August 31

What's Cooking Today?

MONDAY		WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
All Beef Hamburger on a Whole Wheat Bun-1 Corn-3/4 c. Fresh Apple-1 Milk-8 oz.	W/G Chicken Fingers-3 Green Beans-3/4 c. Whole Wheat Bread Strawberry Applesauce Cup-1/2 c. Milk-8 oz.	Turkey and Cheese on a W/G Potato Bun-1 Fresh Broccoli Florets with Dip-3/4 c. Pineapple Cup-1/2 c. Milk-8 oz.	Grilled Teriyaki Chicken Bites-4 Green Beans-3/4 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-8 oz.	Penne Pasta and Meatballs-8 oz. Romaine Salad w/ Dressing-1 1/2 c. Whole Wheat Bread Mixed Fruit Cup-1/2 c. Milk-8 oz.
29	30	31		
Cheese Ravioli with Meat Sauce-2 Green Beans-3/4 c. Whole Wheat Bread Applesauce Cup-1/2 c. Milk-8 oz.	Beef Tacos w/ Shredded Cheddar Cheese-2 Black Beans-3/4 c. 6" W/W Soft Tortilla-2 Fresh Peach-1 Milk-8 oz.	All Beef Italian Sub on a Whole Grain Sub Roll-1 (Beef Bologna, Salami, Cheese) Fresh Baby Carrots w/ Dip-1 c. Fresh Banana-1		